

407

SUMMARY TIMETABLE



Monday to Saturday journeys
are operated by First Essex



Valid from Sunday 11th January 2026

Old Harlow > Ascent Park > Harlow Bus Station > Princess Alexandra Hospital

SUNDAY | And Bank Holidays

Please note: Additional journeys between Harlow & Princess Alexandra Hospital are provided by Service 26A on Sundays.

Buses towards Princess Alexandra Hospital	407	407	407	407	407	407	407	407	407	407	407	407	407	407
Old Harlow, Aspen Way	06:05	07:05	08:05	09:05	10:05	11:05	12:05	13:05	14:05	15:05	16:05	17:05	18:05	19:05
Old Harlow, Post Office	06:10	07:10	08:10	09:10	10:10	11:10	12:10	13:10	14:10	15:10	16:10	17:10	18:10	19:10
Ascent Park	06:13	07:13	08:13	09:13	10:13	11:13	12:13	13:13	14:13	15:13	16:13	17:13	18:13	19:13
Harlow, Town Railway Station	06:19	07:19	08:19	09:19	10:19	11:19	12:19	13:19	14:19	15:19	16:19	17:19	18:19	19:19
Harlow, Bus Station, Stand E, arrive	06:25	07:25	08:25	09:25	10:25	11:25	12:25	13:25	14:25	15:25	16:25	17:25	18:25	19:25
Harlow, Bus Station, Stand E, depart	06:27	07:27	08:27	09:27	10:27	11:27	12:27	13:27	14:27	15:27	16:27	17:27	18:27	19:27
Princess Alexandra Hospital	06:30	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30
Buses towards Old Harlow	407	407	407	407	407	407	407	407	407	407	407	407	407	407
Princess Alexandra Hospital	06:35	07:35	08:35	09:35	10:35	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35	19:35
Harlow, Bus Station, Stand F, arrive	06:37	07:37	08:37	09:37	10:37	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37	19:37
Harlow, Bus Station, Stand F, depart	06:40	07:40	08:40	09:40	10:40	11:40	12:40	13:40	14:40	15:40	16:40	17:40	18:40	19:40
Harlow, Town Railway Station	06:46	07:46	08:46	09:46	10:46	11:46	12:46	13:46	14:46	15:46	16:46	17:46	18:46	19:46
Ascent Park	06:52	07:52	08:52	09:52	10:52	11:52	12:52	13:52	14:52	15:52	16:52	17:52	18:52	19:52
Old Harlow, Post Office	06:55	07:55	08:55	09:55	10:55	11:55	12:55	13:55	14:55	15:55	16:55	17:55	18:55	19:55
Old Harlow, Aspen Way	06:59	07:59	08:59	09:59	10:59	11:59	12:59	13:59	14:59	15:59	16:59	17:59	18:59	19:59